Using the PE and Sport Premium

How West Earlham Junior School used some of its PE and Sport Premium to put on a week of different activities to help decide how best to spend the money across the year.

To help decide how best to spend the £16,000 PE and Sport Premium awarded to each Norfolk primary school, one institution decided to get the input of its pupils by holding a week of sports to give children the chance to try lots of different activities.

When the Head of PE at West Earlham Junior School, Matthew Burroughs, came up with the idea to let the pupils choose what they would like to do, he went about using local service providers and teachers to put on sports activities across a week for pupils to get involved in.

Throughout this period, pupils were able to try out a number of sports and activities including fencing, archery, yoga, squash, parkour and many others. Following the week, school staff asked the pupils for feedback on which activities they enjoyed most.

Using this information, the team will make decisions on how to spend their PE and Sports Premium next year. This will enable the school to structure physical activity opportunities to better engage pupils and make key lifestyle interventions which lead to healthier lives for pupils.