

Local Physical Activity Index references produced by Active Norfolk, last updated April 2017

	Indicator name	Indicator definition	Indicator source
Local Community	Population in the worst quintile of deprivation (%) (2015)	Percentage of the population in this area living in the 20% most deprived Lower Super Output Areas in England	Department for Communities and Local Government
	Children in poverty (%) (2014)	Percentage of children in low income families (children living in families in receipt of out of work benefits or tax credits where their reported income is less than 60% median income) for under 16s only	HM Revenue and Customs
	Adults (16+) who are unemployed (%) (2016)	Percentage of the economically active population aged 16+ without a job who were available to start work in the two weeks following their interview and who had either looked for work in the four weeks prior to interview or were waiting to start a job they had already obtained.	Nomis Official Labour Market Statistics
	Long term claimant of Jobseeker's Allowance (per 1,000 population) (2015)	Claimant count for jobseekers allowance, 16-64 year olds claiming for more than 12 months, crude rate per 1000 resident population	Nomis, Official Labour Market Statistics
	Median weekly earnings (£) (2015)	Median weekly salary of employees who live in the local area	Office for National Statistics, Annual Survey of Hours and Earnings
	Households experiencing fuel poverty (%) (2014)	The percentage of households in an area that experience fuel poverty (low income, poor energy efficiency and energy prices leading to living at low temperatures)	Department for Business, Energy and Industrial strategy
	Black and minority ethnic (BME) population (%) (2011)	Number of people stating their ethnicity as Mixed/multiple ethnic group, Asian/Asian British, Black/African/Caribbean/Black British, or Other ethnic group as a percentage of the total number of respondents to the question	Office for National Statistics, Census
	Long-term health problem or disability (%) (2011)	People with a long term health problem or disability expressed as a percentage of the whole population. The definition is a long-term health problem or disability that limits a person's day-to-day activities, and has lasted, or is expected to last, at least 12 months.	Office for National Statistics, Census
	Health related quality of life score for older people (65+) (2013/14)	Average health status score for adults aged 65 and over as measured using the EQ-5D scale.	NHS England, GP Patient Survey
	Life expectancy at birth for males (years) (2013-15)	The average number of years a person would expect to live based on contemporary mortality rates. For a particular area and time period, it is an estimate of the average number of years a newborn baby would survive if he or she experienced the age-specific mortality rates for that area and time period throughout his or her life	Office for National Statistics
	Life expectancy at birth for females (years) (2013-15)	The average number of years a person would expect to live based on contemporary mortality rates. For a particular area and time period, it is an estimate of the average number of years a newborn baby would survive if he or she experienced the age-specific mortality rates for that area and time period throughout his or her life	Office for National Statistics
	Premature mortality (<75 years) from all causes (%) (2013 - 15)	Age-standardised mortality rate for all deaths registered in the respective calendar years, in people aged under 75.	Public Health England (based on ONS source data)
	Preventable mortality (per 100,000 population) (2013-15)	Age-standardised mortality rate from causes considered preventable per 100,000 population	Public Health England (based on ONS source data)
	Under 75 cardiovascular mortality rate (per 100,000 population) (2013-15)	Age-standardised rate of mortality from all cardiovascular diseases (including heart disease and stroke) in persons less than 75 years per 100,000 population.	Public Health England (based on ONS source data)
	Under 75 cancer mortality rate (per 100,000 population) (2013-15)	Age-standardised rate of mortality from all cancers in persons less than 75 years per 100,000 population	Public Health England (based on ONS source data)
	People reporting bad or very bad general health (%) (2011)	Number of people who reported in the 2011 Census that their health in general was bad or very bad, as a percentage of the total number of respondents	Office for National Statistics, Census

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Physical Wellbeing	Adults (16+) doing less than 30 mins/week of physical activity (%) (2015 - 16)	The number of respondents aged 16 and over doing less than 30 "equivalent" minutes of at least moderate intensity physical activity per week in bouts of 10 minutes or more in the previous 28 days expressed as a percentage of the total number of respondents aged 16 and over.	Sport England, Active Lives Survey
	Adults (16+) doing 30-149 mins/week of physical activity (%) (2015 - 16)	The number of respondents aged 16 and over doing 30-149 "equivalent" minutes of at least moderate intensity physical activity per week in bouts of 10 minutes or more in the previous 28 days expressed as a percentage of the total number of respondents aged 16 and over.	Sport England, Active Lives Survey
	Adults (16+) doing 1x30mins sport/week (%) (2015 - 16)	The number of people participating in sport, of at least moderate intensity, for at least 30 minutes, on at least four days in the last four weeks (equivalent to 30 minutes on one or more day a week)	Sport England, Active People Survey
	Adults (16+) doing any walking, at least once per week (%) (2014/15)	The number of respondents aged 16 and over doing any walking at least once per week in bouts of 10 minutes or more in the previous 28 days expressed as a percentage of the total number of respondents aged 16 and over.	Department for Transport; Sport England, Active People Survey
	Adults (16+) doing any cycling, at least once per month (%) (2014/15)	The number of respondents aged 16 and over doing any cycling at least once per week in bouts of 10 minutes or more in the previous 28 days expressed as a percentage of the total number of respondents aged 16 and over.	Department for Transport; Sport England, Active People Survey
	Overweight (including obese) 4-5 year olds (%) (2015/16)	Proportion of children aged 4-5 years classified as overweight or obese. Children are classified as overweight if their BMI is on or above the 85th centile of the British 1990 growth reference according to age and sex.	NHS Digital, National Child Measurement Programme
	Obese children 4-5 years (%) (2015/16)	Proportion of children aged 4-5 years classified as obese. Children are classified as obese if their BMI is on or above the 95th centile of the British 1990 growth reference according to age and sex.	NHS Digital, National Child Measurement Programme
	Overweight (including obese) 10-11 year olds (%) (2015/16)	Proportion of children aged 10-11 years classified as overweight or obese. Children are classified as overweight if their BMI is on or above the 85th centile of the British 1990 growth reference according to age and sex.	NHS Digital, National Child Measurement Programme
	Obese children 10-11 years (%) (2015/16)	Proportion of children aged 10-11 years classified as obese. Children are classified as obese if their BMI is on or above the 95th centile of the British 1990 growth reference according to age and sex.	NHS Digital, National Child Measurement Programme
	Overweight (including obese) adults (18+) (%) (2013-15)	Percentage of adults classified as overweight or obese (their body mass index (BMI) is greater than or equal to 25kg/m ²).	Sport England, Active People Survey
	Diabetes prevalence (%) (2015/16)	The prevalence of Quality and Outcomes Framework (QOF) recorded diabetes in the population registered with GP practices.	NHS Digital, Quality and Outcomes Framework
	Coronary Heart Disease prevalence (%) (2015/16)	The prevalence of Quality and Outcomes Framework (QOF) recorded coronary heart disease in the population registered with GP practices.	NHS Digital, Quality and Outcomes Framework
	Hypertension prevalence (%) (2015/16)	The prevalence of Quality and Outcomes Framework (QOF) recorded hypertension in the population registered with GP practices.	NHS Digital, Quality and Outcomes Framework
	Hip fractures in people aged 65+ (per 100,000 population) (2014/15)	Emergency Hospital Admission for fractured neck of femur in persons aged 65 and over, directly age-sex standardised rate per 100,000.	NHS Digital, Hospital Episode Statistics
	Injuries due to falls in people aged 65+ (per 100,000 population) (2014/15)	Emergency hospital admissions for falls injuries in persons aged 65 and over, directly age-sex standardised rate per 100,000.	NHS Digital, Hospital Episode Statistics
	Breast cancer incidences (per 100,000 population) (2010 - 14)	Number of new cases of breast cancer as a standardised incidence ratio per 100,000 population	National Cancer Registration and Analysis Service
	Colorectal cancer incidences (per 100,000 population) (2010 - 14)	Number of new cases of colorectal cancer as a standardised incidence ratio per 100,000 population	National Cancer Registration and Analysis Service
	All cancers incidences (per 100,000 population) (2010 - 14)	Number of new cases of all cancers as a standardised incidence ratio per 100,000 population	National Cancer Registration and Analysis Service

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Mental Wellbeing	Life Satisfaction (average score out of 10) (2015/16)	Average score out of 10 of responses to the 2011 census question "overall, how satisfied are you with your life nowadays?, 0 not at all satisfied, 10 completely satisfied"	Office for National Statistics, Census
	Worthwhile (average score out of 10) (2015/16)	Average score out of 10 of responses to the 2011 census question "overall, to what extent do you feel the things you do in your life are worthwhile?, 0 not at all worthwhile, 10 completely worthwhile"	Office for National Statistics, Census
	Happiness (average score out of 10) (2015/16)	Average score out of 10 of responses to the 2011 census question "overall, how happy did you feel yesterday? 0 not at all happy, 10 completely happy"	Office for National Statistics, Census
	Anxiety (average score out of 10) (2015/16)	Average score out of 10 of responses to the 2011 census question "overall, how anxious did you feel yesterday? 0 not at all anxious, 10 completely anxious"	Office for National Statistics, Census
	Depression prevalence (%) (2015/16)	The prevalence of Quality and Outcomes Framework (QOF) recorded depression in the population aged 18+ registered with GP practices.	NHS Digital, Quality and Outcomes Framework
	Suicide rate (per 100,000 population) (2012 - 14)	Age-standardised mortality rate from suicide and injury of undetermined intent per 100,000 population	Public Health England (based on ONS source data)
	Estimated prevalence of anxiety and depression in children aged 5-16 (%) (2014)	This is an estimate of the percentage of children aged 5-16 who have emotional disorders (anxiety disorders and depression) based on the age, sex and socio-economic classification of children resident in the area.	Public Health England (based on ONS source data)
Individual Development	Children with good early years development (%) (2015/16)	Children defined as having reached a good level of development at the end of the Early Years Foundation Stage (EYFS) as a percentage of all eligible children	Department for Education
	Pupil Absence (%) (2014/15)	Percentage of half days missed by pupils due to overall absence (including authorised and unauthorised absence).	Department for Education
	Adult Qualifications (16-64) NVQ4+ or equivalent (%) (2015)	The percentage of adults aged between 16 and 64 years with a qualification equivalent to NVQ level 4 or above	Nomis, Official Labour Market Statistics
	GCSE attainment 5A*-C inc. Eng & Maths in Key Stage 4 pupils (%) (2015/16)	Percentage of pupils achieving 5 or more GCSEs at grades A*-C (including English and Maths) or equivalent, percentage of pupils at end of Key Stage 4 in schools maintained by the Local Authority, at the end of the academic year, persons. numerator = KS4_LEVEL2_EM_15, denominator = A1A4den_15	Department for Education, Early Years Foundation Stage Profile
	Jobs that are paid less than the living wage (%) (2014)	Percentage of employee jobs paid less than the living wage in each Local Authority.	Office for National Statistics, Annual Survey of Hours and Earnings
	Children in care (per 10,000 population aged under 18 years) (2016)	Children and young people (under 18 years) in care at 31st March(rate per 10,000 population)	Department for Education, Children looked after in England
Social & Community Development	Adult social care users who have as much social contact as they would like (%) (2015/16)	The percentage of respondents to the Adult Social Care Users Survey who responded to the question "Thinking about how much contact you've had with people you like, which of the following statements best describes your social situation?" with the answer "I have as much social contact I want with people I like".	NHS Digital, Personal Social Services Survey of Adult Carers in England
	Adult carers who have as much social contact at they would like (%) (2014/15)	The percentage of respondents to the Personal Social Services Carers Survey who responded to the question "Thinking about how much contact you have had with people you like, which of the following best describes your social situation?" with the answer "I have as much social contact I want with people I like".	NHS Digital, Personal Social Services Survey of Adult Carers in England
	Rate of first time offenders (per 100,000 population) (2016)	Rate of first time offenders based on recorded via Police National Computer crime data per 100,000 population	Ministry of Justice, Police National Computer Crime Data
	Statutory homelessness (per 1,000 households) (2014/15)	Statutory homeless households, crude rate per 1,000 estimated total households, all ages	Department for Communities and Local Government
	Homeless young people aged 16-24 (per 1,000 households) (2016 - 17)	Accepted homeless households headed by applicant aged 16-24, rate per 1,000 total households	Department for Communities and Local Government

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Economic Development	Gross value added (GVA) per person (£): wages and operating profits (2015 - 16)	Sum of wages paid to employees and profits generated by businesses operating in the sports sector within the local area for people participating in sport and for wider non-participation interests (£m)	Sport England, Local Sport Profile
	GVA per person (£) from people participating in sport (2015 - 16)	The sum of wages paid to employees and profits generated by businesses operating in the sports participation sector within the local area divided by population number to give per person estimates	Sport England, Local Sport Profile
	GVA per person (£) from wider non participation interests (2015 - 16)	The sum of wages paid to employees and profits generated by businesses operating in the sports non-participation sector within the local area divided by population number to give per person estimates	Sport England, Local Sport Profile
	Total sports related jobs (per 1,000 population) (2015 - 16)	Total sports related jobs across participation (sports goods and services produced to meet demand from people participating in sports) and non-participation (the manufacture and retail of sports equipment and clothes that are not for sports use) per 1,000 population estimate.	Sport England, Local Sport Profile
	Economic value of sports volunteering per person (£) (2015 - 16)	The total economic value of sports volunteering is defined as the amount of volunteering time given over a year, and uses a national wage to provide an overall value of that time.	Sport England, Local Sport Profile
	Economic value of health benefits of participating in sports per person (£) (2015 - 16)	The Economic value to the local area of improved quality and length of life plus health care costs avoided due to participation in sports	Sport England, Local Sport Profile