

Great Yarmouth Walk and coffee social

**Meeting at The Dining Rooms, 68
Marine Parade, Great Yarmouth,
NR30 2DQ**

Fortnightly Wednesdays from 12pm-2pm

Upcoming dates: 18th October, 1st November, 15th November,
29th November, 13th December, 10th January, 24th January, 7th
February, 21st February, 7th March, 21st March, 4th April, 18th
April, 2nd May, 16th May, 30th May.

Please note: The Dining Rooms will be shut on 10th January
and possibly 24th January. Please contact Eve to find out where
the meeting will be. There will be no group between Christmas
and New Year.

Join us at The Dining Rooms at 12pm to grab a drink
before walking along the seafront, ending back at The
Dining Room around 1:30pm for another drink should
you wish. In the event of poor weather, we will still
meet for a drink, but the walk will not take place.

If you have any questions contact Eve on
07341867131 or eve.ringer@nsft.nhs.uk



*Anyone aged 16+ welcome. Please
bring money for a refreshment.*