Through the Satellite Clubs programme, Active Norfolk provided funding for the Open Youth Trust’s delivery of a boxing and mixed martial arts scheme for young offenders in Norwich city centre. The Satellite Clubs programme addresses key priorities across the country. The project was supported by the Norfolk Constabulary to address anti-social behaviour issues with young people in the city. Satellite Clubs has enjoyed success through maintaining its founding principles, which includes working with the target audience before making key programme decisions. Here the Open Youth Trust worked closely with a constabulary-appointed focus group to discuss appropriate activities. Following these consultations it was decided that younger coaches be recruited with relatable stories or backgrounds to participants. The selection of these coaches was key in instigating open conversation and bringing about positive behavioural change for participants. To date, the club has over 20 regular members aged 11-25.

Satellite Clubs Numbers

| Satellite Clubs across the county since 2015 | 70+ |
| Young people engaged since 2015 | 1800 |
| More than 100 people with a disability engaged | 100+ |
THE FINDINGS

The Open Youth Trust boxing programme has given structure and focus to a previously disengaged audience. The impact on the lives of the young people involved has been significant and the programme addresses a key priority in the area of reducing antisocial behaviour. There continues to be an average of six police referrals into the programme each month.

“After a short time there was some great conversations between coaches and participants about things like looking after body shape, offending behaviours and more. This was fantastic to sit back and observe. Having a role model in the shape of someone still relatively young who has been there and turned it around is great.”

Deborah Lee, Norfolk County Council Case Worker

WORKING IN PARTNERSHIP

Active Norfolk’s partnership with the Open Youth Trust continues to yield significant impacts in tackling key priorities. With the funding, support and steerage of Active Norfolk, Open Youth Trust has delivered a number of activity programmes which promote cross-cultural integration, tackle youth inactivity and encourage underrepresented groups to become more active and prevent antisocial behaviour.