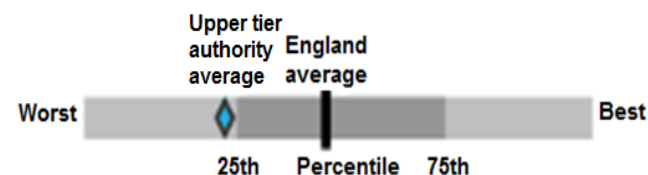


Local Physical Activity Index produced by Active Norfolk, updated April 2017

Key:

- Better than England average
- Not significantly different from England average
- Worse than England average
- No significance can be calculated

Key:

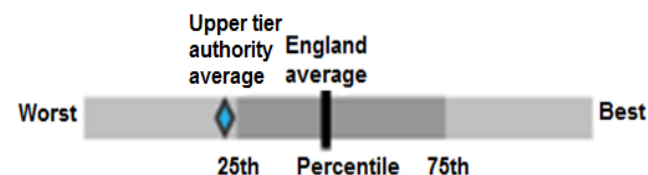


		Physical activity profile for Breckland	LA Value	England Average	England Worst	England Range	England Best
Local Community	Populations at risk of physical inactivity	Population in the worst quintile of deprivation (%) (2015)	9.8	20.2	60.6		0.0
	Populations at risk of physical inactivity	Children in poverty (%) (2014)	15.6	20.1	39.2		6.6
	Populations at risk of physical inactivity	Adults (16+) who are unemployed (%) (2016)	3.4	4.8	14.5		2.1
	Populations at risk of physical inactivity	Long term claimant of Jobseeker's Allowance (per 1,000 population) (2015)	2.5	4.6	15.7		0.5
	Populations at risk of physical inactivity	Median weekly earnings (£) (2015)	333.9	430.2	307.6		670.5
	Populations at risk of physical inactivity	Households experiencing fuel poverty (%) (2014)	10.2	10.6	16.4		5.6
	Populations at risk of physical inactivity	Black and minority ethnic (BME) population (%) (2011)	2.6	14.6	71.0		1.1
	Populations at risk of physical inactivity	Long-term health problem or disability (%) (2011)	19.7	17.6	26.0		11.2
	Populations at risk of physical inactivity	Health related quality of life score for older people (65+) (2013/14)	75.5	72.7	62.8		80.0
	Health inequalities	Life expectancy at birth for males (years) (2013-15)	80.2	79.5	74.3		83.4
	Health inequalities	Life expectancy at birth for females (years) (2013-15)	82.9	83.1	79.4		86.7
	Health inequalities	Premature mortality (<75 years) from all causes (%) (2013 - 15)	306.2	335.0	548.7		220.3
	Health inequalities	Preventable mortality (per 100,000 population) (2013-15)	165.4	184.5	320.5		119.3
	Health inequalities	Under 75 cardiovascular mortality rate (per 100,000 population) (2013-15)	61.6	74.6	137.6		43.1
	Health inequalities	Under 75 cancer mortality rate (per 100,000 population) (2013-15)	143.7	138.8	194.8		98.6
	Health inequalities	People reporting bad or very bad general health (%) (2011)	5.5	5.5	9.5		2.6
Physical Wellbeing	Physical activity	Adults (16+) doing less than 30 mins/week of physical activity (%) (2015 - 16)	29.0	22.0	31.5		13.1
	Physical activity	Adults (16+) doing 30-149 mins/week of physical activity (%) (2015 - 16)	11.4	12.6	19.5		7.4
	Physical activity	Adults (16+) doing 1x30mins sport/week (%) (2015 - 16)	32.2	36.1	21.4		49.0
	Physical activity	Adults (16+) doing any walking, at least once per week (%) (2014/15)	75.3	80.6	70.4		91.3
	Physical activity	Adults (16+) doing any cycling, at least once per month (%) (2014/15)	16.7	14.7	5.0		58.0
	Conditions linked to physical inactivity	Overweight (including obese) 4-5 year olds (%) (2015/16)	22.7	22.1	30.1		12.9
	Conditions linked to physical inactivity	Obese children 4-5 years (%) (2015/16)	8.3	9.3	14.7		3.0
	Conditions linked to physical inactivity	Overweight (including obese) 10-11 year olds (%) (2015/16)	32.7	34.2	43.4		20.1
	Conditions linked to physical inactivity	Obese children 10-11 years (%) (2015/16)	19.4	19.8	28.5		9.4
	Conditions linked to physical inactivity	Overweight (including obese) adults (18+) (%) (2013-15)	67.1	64.8	76.2		46.5
	Conditions linked to physical inactivity	Diabetes prevalence (%) (2015/16)	7.3	6.5	9.4		3.3
	Conditions linked to physical inactivity	Coronary Heart Disease prevalence (%) (2015/16)	3.9	3.2	5.6		1.3
	Conditions linked to physical inactivity	Hypertension prevalence (%) (2015/16)	16.9	13.8	20.5		7.7
	Conditions linked to physical inactivity	Hip fractures in people aged 65+ (per 100,000 population) (2014/15)	526.5	571.3	745.5		361.2
	Conditions linked to physical inactivity	Injuries due to falls in people aged 65+ (per 100,000 population) (2014/15)	1858.7	2124.6	3461.9		1212.0

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		Physical activity profile for Breckland	LA Value	England Average	England Worst	England Range	England Best
Physical Wellbeing	Conditions linked to physical inactivity	Breast cancer incidences (per 100,000 population) (2010 - 14)	97.6	100.0	123.8		81.5
	Conditions linked to physical inactivity	Colorectal cancer incidences (per 100,000 population) (2010 - 14)	96.0	100.0	123.9		75.1
	Conditions linked to physical inactivity	All cancers incidences (per 100,000 population) (2010 - 14)	99.2	100.0	119.0		83.2
Mental Wellbeing	Subjective wellbeing	Life Satisfaction (average score out of 10) (2015/16)	7.9	7.6	6.9		8.3
	Subjective wellbeing	Worthwhile (average score out of 10) (2015/16)	8.1	7.8	7.3		8.4
	Subjective wellbeing	Happiness (average score out of 10) (2015/16)	7.8	7.5	7.0		8.1
	Subjective wellbeing	Anxiety (average score out of 10) (2015/16)	2.9	2.9	3.7		2.0
	Mental wellbeing	Depression prevalence (%) (2015/16)	8.6	8.3	14.6		4.5
	Mental wellbeing	Suicide rate (per 100,000 population) (2012 - 14)	9.8	10.6	19.9		3.1
	Mental wellbeing	Estimated prevalence of anxiety and depression in children aged 5-16 (%) (2014)	3.6	3.6	4.3		2.8
Individual Development	Children and young people	Children with good early years development (%) (2015/16)	67.0	69.3	58.0		82.0
	Education	Pupil Absence (%) (2014/15)	5.1	4.6	5.8		3.4
	Education	Adult Qualifications (16-64) NVQ4+ or equivalent (%) (2015)	28.2	36.8	16.9		69.6
	Education	GCSE attainment 5A*-C inc. Eng & Maths in Key Stage 4 pupils (%) (2015/16)	54.4	57.8	44.8		78.7
	Employment	Jobs that are paid less than the living wage (%) (2014)	39.3	22.6	41.9		8.5
	Children and young people	Children in care (per 10,000 population aged under 18 years) (2016)	62.2	60.3	163.8		21.5
Social & Community Development	Social isolation	Adult social care users who have as much social contact as they would like (%) (2015/16)	47.5	45.4	35.8		55.1
	Social isolation	Adult carers who have as much social contact at they would like (%) (2014/15)	32.2	38.5	18.2		52.6
	Crime ¹	Rate of first time offenders (per 100,000 population) (2016)	221.0	218.4	440.1		68.3
	Housing ¹	Statutory homelessness (per 1,000 households) (2014/15)	0.6	2.4	10.4		0.1
	Housing ¹	Homeless young people aged 16-24 (per 1,000 households) (2016 - 17)	0.4	0.6	2.1		0.0
Economic Development	Sports economy ²	Gross value added (GVA) per person (£): wages and operating profits (2015 - 16)	206.4	256.8	149.6		1975.9
	Sports economy ²	GVA per person (£) from people participating in sport (2015 - 16)	164.0	184.9	120.4		433.9
	Sports economy ²	GVA per person (£) from wider non participation interests (2015 - 16)	42.4	71.2	17.3		1800.3
	Sports economy	Total sports related jobs (per 1,000 population) (2015 - 16)	5.7	8.2	3.4		31.7
	Sports economy ²	Economic value of sports volunteering per person (£) (2015 - 16)	57.0	113.8	32.3		501.0
	Sports economy ²	Economic value of health benefits of participating in sports per person (£) (2015 - 16)	328.1	323.5	266.3		544.7

¹Data not available for Lower Tier Local Authorities, instead they have the same values as upper tier.

²Data excludes London districts