**ACTION PLAN**

Active Norfolk aims to achieve the outcomes in the key focus areas and prioritise disability sport and physical activity. We ask you to join us by completing and implementing the action plan resource with your sector’s key recommendations. These key recommendations are available in a separate document on our website.

**YOU CAN HELP BY:**

- Contacting the Active Norfolk team if you want advice or guidance around disability sport and physical activity
- Referring interested individuals to the Active Norfolk website and this Disability and Long-term Condition Framework
- Completing the Action Plan Resource to analyse your own organisation
- Utilising the online groups, forums, and resources on the Active Norfolk website
- Collaborating with us or other organisations by taking part in the Collaboration Interest Group
- Sharing success stories and challenges by taking part in the Norfolk Disability Physical Activity Stories and Programmes Forum
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