

CASE STUDY

PARIS



Paris, 13, struggled to participate in any physical activity as she is unable to hear due to being born prematurely. To make matters worse, she was instructed by her doctors to avoid contact sports because of the risk of damaging her head. However, when she was introduced to water skiing through a Sportivate funded project by Active Norfolk at Bluebird Water Ski Club she immediately took to it.

Being almost entirely deaf, Paris has difficulties with balance and coordination but in water skiing she found both a sport she loved and a challenge she was determined to overcome. With the support of the ski instructors and her club, she found a way to make little steps. This improved her confidence and made her very proud of herself. Paris' family have embraced water skiing and become involved with their club.

After growing in confidence through the sport, Paris recently gave a tear-jerking speech to Great Ormond Street Hospital where there were more than 100 professionals in the audience. The sport has provided a way for Paris to get fit and have fun out on the water and Paris is has ambitions of competing in the sport in the near future.

