

5 R'S OF SAFEGUARDING

Effective safeguarding requires the ability to **recognise different types of and signs of abuse.**



Recognise



Respond

Do not ignore it. Remain **calm.** **Acknowledge** what you noticed or were told.

Make a log: **When** were you told? **When** did it happen? **What** happened? **Where** did it happen? **Who** shared this? **Who** was involved or present?



Record



Report

Do you need to **report** this? If so, **how quickly** and **who to**? Follow your policy and procedures.

If there is immediate risk of harm dial 999.
If non-urgent, report via your local pathways.



Refer

YOUR LOCAL CONTACTS

Children's Advice and Duty Service: [0344 800 8020](tel:03448008020)

Local Authority Designated Officer (LADO): lado@norfolk.gov.uk

Mental Health Support: [111](tel:111)

NHS Crisis Team for assessment

Police for immediate risk of harm: [999](tel:999)

Non-urgent Police: [101](tel:101)

Urgent Police: [999](tel:999)

