

Local information and support

Food Banks

Kings Lynn

Kings Lynn Sea Cadets,
St Margaret's Lane, Kings Lynn PE30 5DS
<https://kingslynn.foodbank.org.uk/>
info@kingslynn.foodbank.org.uk
07582 558 143

Downham Market

Sovereign Centre, Sovereign Way,
Downham Market Norfolk PE38 9SW
FOODBANK | Eternity Downham Market
07707 191 674

Hunstanton and District

St Edmund's Church Halls,
Church Street, Hunstanton PE36 6BE
Hunstanton and District Foodbank |
Helping Local People in Crisis
info@hunstantondistrict.foodbank.org.uk
07795 491 154

Financial Support

Norfolk Assistance Scheme

<https://www.norfolk.gov.uk/care-support-and-health/support-for-living-independently/money-and-benefits/norfolk-assistance-scheme>
01603 223 392 (option 5)

Turn To Us

Online grant and benefit search
<https://www.turn2us.org.uk/Get-Support>

Debt Advice

Christians Against Poverty

I want help | Christians Against Poverty
(capuk.org)
Emily Hart Centre Manager
- 0800 328 0006

Money Advice Hub

King's Lynn Innovation Centre,
Innovation Way, King's Lynn Norfolk
PE30 5BY. 0333 305 7648
help@moneyadvicehub.org.uk.
Money Advice Hub

Housing

Borough Council of Kings Lynn and West Norfolk

phone us on 01553 616 200
email us at
housingoptions@west-norfolk.gov.uk
Housing | Borough Council of King's Lynn &
West Norfolk (west-norfolk.gov.uk)

Shelter

Specialist Housing Advisor for Kings Lynn
0344 515 1860
National Helpline 0808 800 4444
Shelter - the housing and
homelessness charity

Benefits

Borough Council of Kings Lynn and West Norfolk

Benefits Advice and Review Team
0800 7312 253

Email:

revenuesvisitingteam@west-norfolk.gov.uk
Benefits Advice and Review Team |
Benefits Advice and Review Team |
Borough Council of King's Lynn &
West Norfolk (west-norfolk.gov.uk)

Citizens Advice

Help to Claim Universal Credit Helpline
0800 1448 444

The Citizens Advice website gives you information on benefits and tax credits. There is also information about council tax and housing costs, national insurance, payment of benefits and problems with benefits. <https://www.citizensadvice.org.uk/benefits/> You can contact an adviser through their national phone service, Adviceline 03444 111 444 which is available 9am to 5pm, Monday to Friday. Their Chat service lets you talk to a trained adviser online. <https://www.citizensadvice.org.uk/about-us/contact-us/contact-us/web-chat-service/>

Local information and support

General Support and local information and activities

Lily <http://asklily.org.uk/kb5/westnorfolk/cd/home.page>
01553 616 200
West Norfolk Family & Community Connections | Facebook

Domestic Abuse

If you are in immediate danger, call 999

Call 101 for non-emergency enquiries

National Domestic Violence helpline
0808 2000 247

Pandora Project offers advice, support and information to adults and children affected by domestic abuse. Abuse can be current or historic. We offer a confidential and non-judgemental support service in west Norfolk.
<https://www.pandoraproject.org.uk/contact-us/>
<https://m.facebook.com/pandoraprojectwestnorfolk/>

Leeway

Domestic abuse helpline 0300 561 0077
adviceandsupport@leewaynwa.org.uk
Leeway | Helping You Break Free from Domestic Abuse (leewaynwa.org)

Health

Children and Young Peoples Health (including mental health)

Just One Number 0300 300 0123
Chat Health Text 07480 635 060

Mental Health - adults

First Response Public Helpline
0808 196 3494

GP surgery information:

Find a GP - NHS (www.nhs.uk)

Dentist information

Find a dentist - NHS (www.nhs.uk)

Emergency dental services

Kings Lynn Dental Access Centre

6 King Street, Kings Lynn PE30 1ES

Tel: 01553 769 264

Opening Hours:

Monday to Friday 8am - 6pm

Emergency Dental Services - Norwich

Dental Access Centre | NCH&C

(norfolkcommunityhealthandcare.nhs.uk)

Urgent and emergency care

Information on NHS 111 and find your nearest A&E:

Urgent and emergency care - NHS
(www.nhs.uk)

Queen Elizabeth Hospital,
Gayton Road Kings Lynn PE30 4ET
01553 613 613
qehkl : main

Employment

Employment & Skills Services

| Voluntary Norfolk free and impartial support to anyone looking to make a move towards work
employment@voluntarynorfolk.org.uk

King's Lynn Job Centre

King's Lynn and West Norfolk
Borough Council
King's Court, Chapel Street
King's Lynn
Norfolk
United Kingdom
PE30 1EX

Contact Jobcentre Plus - GOV.UK
(www.gov.uk)

Norfolk County Council

Information on adult social care, children's services, libraries and adult learning
Home - Norfolk County Council
0344 800 8020