



Norse



Fresh Ideas Feeding Minds

Big Norfolk Holiday Fun

Kitchen Safety



Always turn the hob and oven off when you have finished cooking.

Do not play around the oven when in use.

Children must always be supervised in a kitchen environment.

Always make sure handles on pots and pans are turned towards the back of the hob.



Wash your hands before and after cooking tasks.



Ensure counter tops and dishes are clean before and after cooking.

Put items away after using them to keep a tidy and safe kitchen.



Keep appliances away from water.



No licking utensils or fingers when cooking.

Sharp knives must be kept out of reach from small children. Adult supervision is required for all children when using kitchen knives.

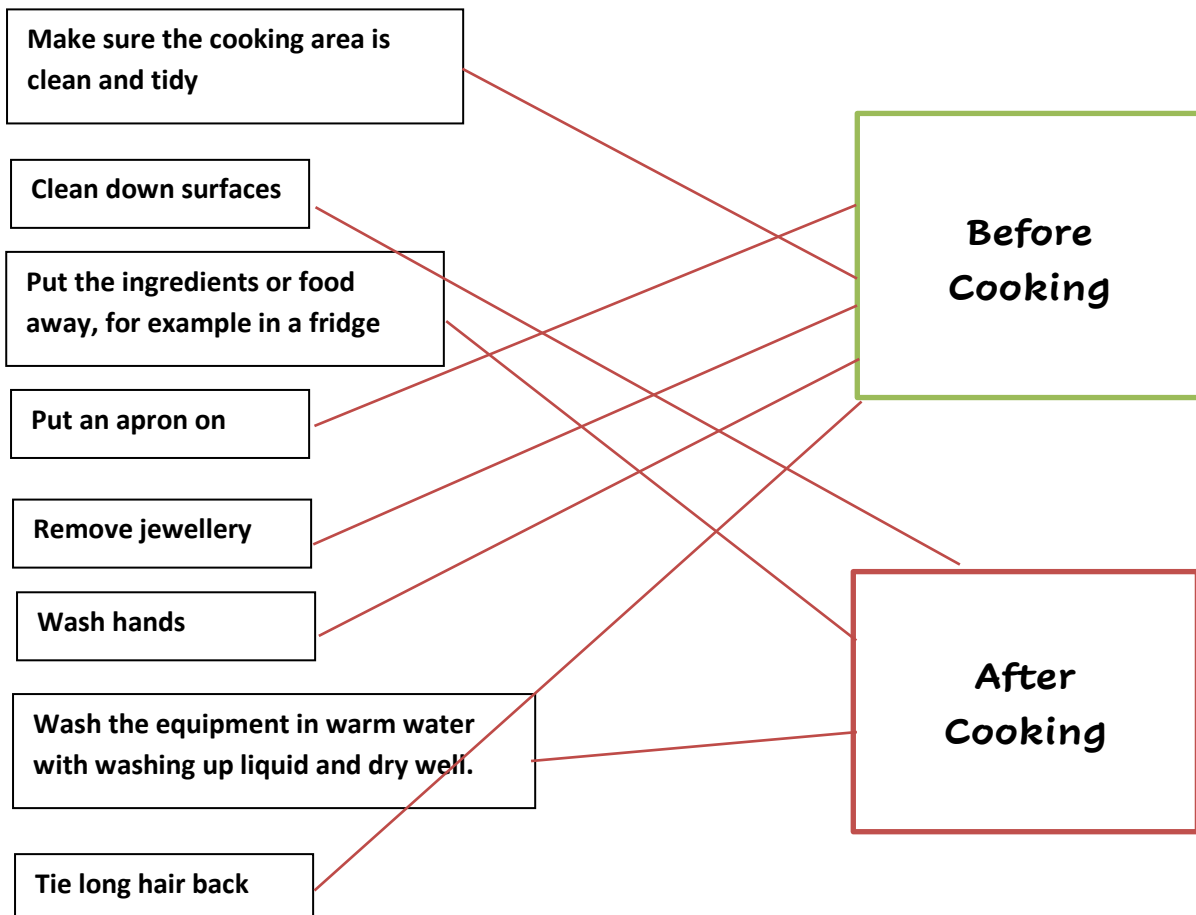




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Food Hygiene

What do you need to do before and after cooking? (Draw a line to match the task with when it needs to be done).





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Where should I store my food? (Write the foods from the list in the place where you think they should be stored.)

- Yogurt
- Lentils
- Ham
- Milk
- Pasta
- Chicken
- Cheese
- Bread
- Raisins
- Salmon
- Tinned Soup
- Cereal

Cupboard

Lentils
Pasta
Bread
Raisins
Tinned Soup
Cereal

Fridge

Yogurt
Ham
Milk
Chicken
Cheese
Salmon

If something you are cooking falls on the floor, do you know what to do?



Pick it up and cook

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Bin it

☒

If you cough when you are cooking, do you know what to do?



Wash your hands

☒

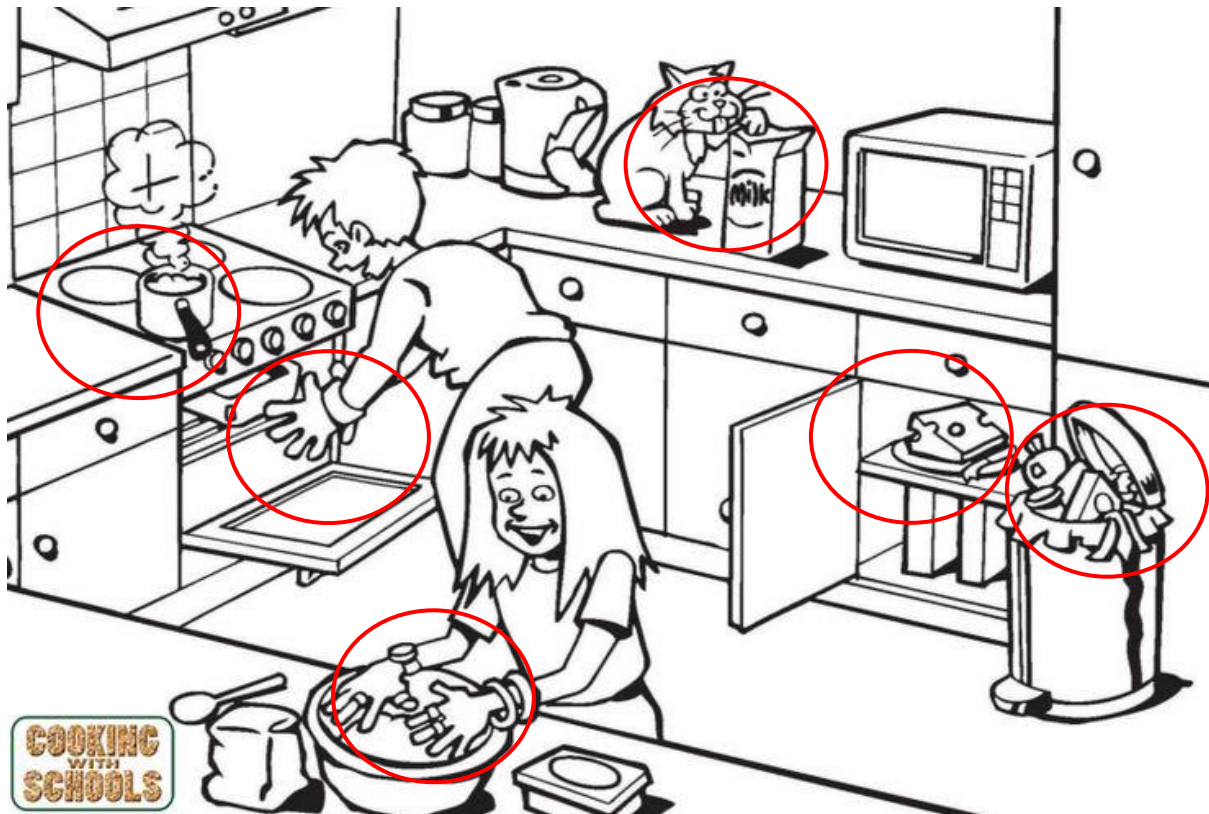
Carry on cooking

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How many hazards can you spot in this kitchen?



Circle all the hazards you can see in this kitchen and write down why they are hazardous below:

1. The girl has lots of jewellery on which is a hazard in case it falls in the food.
2. The pan handle on the hob is facing out and could be knocked over easily which could cause a spillage or physical injury.
3. The boy isn't wearing oven gloves and could burn himself if he takes the dish out of the oven.
4. The cat being on the work surface trying to get the milk is unhygienic
5. The cheese should be in the fridge and not the cupboard.
6. The bin is too full.
7. The cupboard door has been left open which could cause an injury.