Local Physical Activity Index produced by Active Norfolk, updated April 2017

<u>Key:</u>

- Better than England average Not significantly different from England average Worse than England average No significance can be calculated
- •

	significance can be o						
		Physical activity profile for South Norfolk	LA Value	-	England Worst	England Range	England Best
Local Community	Populations at risk of physical inactivity	Population in the worst quintile of deprivation (%) (2015)	0.0	20.2	60.6		0.0
	Populations at risk of physical inactivity	Children in poverty (%) (2014)	12.1	20.1	39.2	♦ ●	6.6
	Populations at risk of physical inactivity	Adults (16+) who are unemployed (%) (2016)	2.8	4.8	14.5		2.1
	Populations at risk of physical inactivity	Long term claimant of Jobseeker's Allowance (per 1,000 population) (2015)	1.7	4.6	15.7		0.5
	Populations at risk of physical inactivity	Median weekly earnings (£) (2015)	399.6	430.2	307.6	<ul><li>◆</li></ul>	670.5
	Populations at risk of physical inactivity	Households experiencing fuel poverty (%) (2014)	10.0	10.6	16.4		5.6
	Populations at risk of physical inactivity	Black and minority ethnic (BME) population (%) (2011)	2.4	14.6	71.0	•	1.1
	Populations at risk of physical inactivity	Long-term health problem or disability (%) (2011)	17.9	17.6	26.0	<ul> <li>●</li> </ul>	11.2
	Populations at risk of physical inactivity	Health related quality of life score for older people (65+) (2013/14)	75.0	72.7	62.8		80.0
	Health inequalities	Life expectancy at birth for males (years) (2013-15)	81.7	79.5	74.3	<ul> <li>◆</li> </ul>	83.4
	Health inequalities	Life expectancy at birth for females (years) (2013- 15)	84.3	83.1	79.4	◆ <b>●</b>	86.7
	Health inequalities	Premature mortality (<75 years) from all causes (%) (2013 - 15)	252.5	335.0	548.7	♦ ●	220.3
	Health inequalities	Preventable mortality (per 100,000 population) (2013-15)	139.1	184.5	320.5	◆ ●	119.3
	Health inequalities	Under 75 cardiovascular mortality rate (per 100,000 population) (2013-15)	51.8	74.6	137.6	◆ ●	43.1
	Health inequalities	Under 75 cancer mortality rate (per 100,000 population) (2013-15)	120.2	138.8	194.8	♦ ●	98.6
	Health inequalities	People reporting bad or very bad general health (%) (2011)	4.5	5.5	9.5	<ul> <li>O</li> </ul>	2.6
	Physical activity	Adults (16+) doing less than 30 mins/week of physical activity (%) (2015 - 16)	16.3	22.0	31.5	♦ ●	13.1
	Physical activity	Adults (16+) doing 30-149 mins/week of physical activity (%) (2015 - 16)	14.9	12.6	19.5		7.4
	Physical activity	Adults (16+) doing 1x30mins sport/week (%) (2015 - 16)	36.5	36.1	21.4	<ul> <li>•</li> </ul>	49.0
	Physical activity	Adults (16+) doing any walking, at least once per week (%) (2014/15)	79.3	80.6	70.4		91.3
	Physical activity	Adults (16+) doing any cycling, at least once per month (%) (2014/15)	25.2	14.7	5.0	♦ ●	58.0
Physical Wellbeing	Conditions linked to physical inactivity	Overweight (including obese) 4-5 year olds (%) (2015/16)	22.1	22.1	30.1	<b>◇ ●</b>	12.9
	Conditions linked to physical inactivity	Obese children 4-5 years (%) (2015/16)	7.7	9.3	14.7	<ul> <li>•</li> </ul>	3.0
	Conditions linked to physical inactivity	Overweight (including obese) 10-11 year olds (%) (2015/16)	30.5	34.2	43.4	♦ ●	20.1
	Conditions linked to physical inactivity	Obese children 10-11 years (%) (2015/16)	15.8	19.8	28.5	◆ <b>●</b>	9.4
	Conditions linked to physical inactivity	Overweight (including obese) adults (18+) (%) (2013-15)	66.1	64.8	76.2		46.5
	Conditions linked to physical inactivity	Diabetes prevalence (%) (2015/16)	6.0	6.5	9.4	<ul> <li>●</li> </ul>	3.3
	Conditions linked to physical inactivity	Coronary Heart Disease prevalence (%) (2015/16)	3.5	3.2	5.6	♦ ●	1.3
	Conditions linked to physical inactivity	Hypertension prevalence (%) (2015/16)	15.3	13.8	20.5		7.7
	Conditions linked to physical inactivity	Hip fractures in people aged 65+ (per 100,000 population) (2014/15)	469.3	571.3	745.5	<ul> <li>♦</li> </ul>	361.2
	Conditions linked to physical inactivity	Injuries due to falls in people aged 65+ (per 100,000 population) (2014/15)	1611.3	2124.6	3461.9	♦ ●	1212.0

Upper tier authority England average average 0

Key:

Worst

25th Percentile 75th Best

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	significance can be						1		
		Physical activity profile for South Norfolk	LA Value	-	England Worst	England Range	England Best		
Physical Wellbeing	Conditions linked to physical inactivity	Breast cancer incidences (per 100,000 population) (2010 - 14)	96.2	100.0	123.8		81.5		
	Conditions linked to physical inactivity	Colorectal cancer incidences (per 100,000 population) (2010 - 14)	100.7	100.0	123.9	C	75.1		
	Conditions linked to physical inactivity	All cancers incidences (per 100,000 population) (2010 - 14)	97.4	100.0	119.0		83.2		
Mental Wellbeing	Subjective wellbeing	Life Satisfaction (average score out of 10) (2015/16)	7.8	7.6	6.9		8.3		
	Subjective wellbeing	Worthwhile (average score out of 10) (2015/16)	8.1	7.8	7.3	◆ ●	8.4		
	Subjective wellbeing	Happiness (average score out of 10) (2015/16)	7.2	7.5	7.0	•	8.1		
	Subjective wellbeing	Anxiety (average score out of 10) (2015/16)	3.1	2.9	3.7	•	2.0		
	Mental wellbeing	Depression prevalence (%) (2015/16)	7.2	8.3	14.6	♦	4.5		
	Mental wellbeing	Suicide rate (per 100,000 population) (2012 - 14)	9.4	10.6	19.9	<ul> <li>•</li> </ul>	3.1		
	Mental wellbeing	Estimated prevalence of anxiety and depression in children aged 5-16 (%) (2014)	3.3	3.6	4.3	< •	2.8		
ent	Children and young people	Children with good early years development (%) (2015/16)	73.0	69.3	58.0	<ul> <li>•</li> </ul>	82.0		
Individual Development	Education	Pupil Absence (%) (2014/15)	4.3	4.6	5.8	♦ ●	3.4		
	Education	Adult Qualifications (16-64) NVQ4+ or equivalent (%) (2015)	30.8	36.8	16.9		69.6		
	Education	GCSE attainment 5A*-C inc. Eng & Maths in Key Stage 4 pupils (%) (2015/16)	62.4	57.8	44.8	<ul> <li>◆</li> </ul>	78.7		
	Employment	Jobs that are paid less than the living wage (%) (2014)	21.8	22.6	41.9	♦ ●	8.5		
	Children and young people	Children in care (per 10,000 population aged under 18 years) (2016)	62.2	60.3	163.8	Ø	21.5		
ity	Social isolation	Adult social care users who have as much social contact as they would like (%) (2015/16)	47.5	45.4	35.8	0	55.1		
& Community velopment	Social isolation	Adult carers who have as much social contact at they would like (%) (2014/15)	32.2	38.5	18.2	0	52.6		
	Crime <sup>1</sup>	Rate of first time offenders (per 100,000 population) (2016)	221.0	218.4	440.1	<b>O</b>	68.3		
Social & Deve	Housing <sup>1</sup>	Statutory homelessness (per 1,000 households) (2014/15)	0.9	2.4	10.4		0.1		
Soi	Housing <sup>1</sup>	Homeless young people aged 16-24 (per 1,000 households) (2016 - 17)	0.4	0.6	2.1	Ø	0.0		
nt	Sports economy <sup>2</sup>	Gross value added (GVA) per person (£): wages and operating profits (2015 - 16)	259.3	256.8	149.6	¢	1975.9		
pme	Sports economy <sup>2</sup>	GVA per person (£) from people participating in sport (2015 - 16)	182.5	184.9	120.4	•	433.9		
Economic Development	Sports economy <sup>2</sup>	GVA per person (£) from wider non participation interests (2015 - 16)	76.8	71.2	17.3	Ø	1800.3		
	Sports economy	Total sports related jobs (per 1,000 population) (2015 - 16)	6.0	8.2	3.4		31.7		
	Sports economy <sup>2</sup>	Economic value of sports volunteering per person (£) (2015 - 16)	128.1	113.8	32.3	<b>o</b> *	501.0		
	Sports economy <sup>2</sup>	Economic value of health benefits of participating in sports per person (£) (2015 - 16)	360.9	323.5	266.3		544.7		
<sup>1</sup> Data not available for Lower Tier Local Authorities, instead they have the same values as upper tier.									

Upper tier authority England average average 0

25th

Key:

Worst

Best Percentile 75th

<sup>1</sup>Data not available for Lower Tier Local Authorities, instead they have the same values as upper tier.

<sup>2</sup>Data excludes London districts