Local Physical Activity Index produced by Active Norfolk, updated April 2017

<u>Key:</u>

Better than England average Not significantly different from England average Worse than England average No significance can be calculated

	significance can be (
		Physical activity profile for Norwich	LA Value	-	England Worst	England Range	England Best
Local Community	Populations at risk of physical inactivity	Population in the worst quintile of deprivation (%) (2015)	40.2	20.2	60.6		0.0
	Populations at risk of physical inactivity	Children in poverty (%) (2014)	26.7	20.1	39.2	• •	6.6
	Populations at risk of physical inactivity	Adults (16+) who are unemployed (%) (2016)	5.0	4.8	14.5	● ◇	2.1
	Populations at risk of physical inactivity	Long term claimant of Jobseeker's Allowance (per 1,000 population) (2015)	5.0	4.6	15.7	● ◇	0.5
	Populations at risk of physical inactivity	Median weekly earnings (£) (2015)	370.9	430.2	307.6		670.5
	Populations at risk of physical inactivity	Households experiencing fuel poverty (%) (2014)	10.5	10.6	16.4	•	5.6
	Populations at risk of physical inactivity	Black and minority ethnic (BME) population (%) (2011)	9.2	14.6	71.0	00	1.1
	Populations at risk of physical inactivity	Long-term health problem or disability (%) (2011)	18.4	17.6	26.0	◆ ●	11.2
al Co	Populations at risk of physical inactivity	Health related quality of life score for older people (65+) (2013/14)	70.5	72.7	62.8	• •	80.0
Loca	Health inequalities	Life expectancy at birth for males (years) (2013-15)	79.6	79.5	74.3	• •	83.4
	Health inequalities	Life expectancy at birth for females (years) (2013- 15)	82.9	83.1	79.4	•	86.7
	Health inequalities	Premature mortality (<75 years) from all causes (%) (2013 - 15)	353.3	335.0	548.7	• •	220.3
	Health inequalities	Preventable mortality (per 100,000 population) (2013-15)	194.8	184.5	320.5	• •	119.3
	Health inequalities	Under 75 cardiovascular mortality rate (per 100,000 population) (2013-15)	78.5	74.6	137.6	• •	43.1
	Health inequalities	Under 75 cancer mortality rate (per 100,000 population) (2013-15)	132.2	138.8	194.8	©	98.6
	Health inequalities	People reporting bad or very bad general health (%) (2011)	5.7	5.5	9.5	C	2.6
Physical Wellbeing	Physical activity	Adults (16+) doing less than 30 mins/week of physical activity (%) (2015 - 16)	18.5	22.0	31.5	♦ ●	13.1
	Physical activity	Adults (16+) doing 30-149 mins/week of physical activity (%) (2015 - 16)	8.7	12.6	19.5	> •	7.4
	Physical activity	Adults (16+) doing 1x30mins sport/week (%) (2015 - 16)	38.3	36.1	21.4	 ● 	49.0
	Physical activity	Adults (16+) doing any walking, at least once per week (%) (2014/15)	86.5	80.6	70.4	× •	91.3
	Physical activity	Adults (16+) doing any cycling, at least once per month (%) (2014/15)	26.1	14.7	5.0	♦ ●	58.0
	Conditions linked to physical inactivity	Overweight (including obese) 4-5 year olds (%) (2015/16)	23.2	22.1	30.1		12.9
	Conditions linked to physical inactivity	Obese children 4-5 years (%) (2015/16)	9.8	9.3	14.7	e	3.0
	Conditions linked to physical inactivity	Overweight (including obese) 10-11 year olds (%) (2015/16)	33.1	34.2	43.4	•	20.1
	Conditions linked to physical inactivity	Obese children 10-11 years (%) (2015/16)	18.6	19.8	28.5		9.4
	Conditions linked to physical inactivity	Overweight (including obese) adults (18+) (%) (2013-15)	56.3	64.8	76.2	 ● 	46.5
	Conditions linked to physical inactivity	Diabetes prevalence (%) (2015/16)	4.8	6.5	9.4	 ● 	3.3
	Conditions linked to physical inactivity	Coronary Heart Disease prevalence (%) (2015/16)	2.7	3.2	5.6	♦ ●	1.3
	Conditions linked to physical inactivity	Hypertension prevalence (%) (2015/16)	10.9	13.8	20.5	 ♦ 	7.7
	Conditions linked to physical inactivity	Hip fractures in people aged 65+ (per 100,000 population) (2014/15)	518.6	571.3	745.5	<.	361.2
	Conditions linked to physical inactivity	Injuries due to falls in people aged 65+ (per 100,000 population) (2014/15)	2039.2	2124.6	3461.9	◆	1212.0

Upper tier authority England average average Worst ٥

Key:

Best

Percentile 75th 25th

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	significance can be						
		Physical activity profile for Norwich	LA Value	-	England Worst	England Range	England Best
Physical Wellbeing	Conditions linked to physical inactivity	Breast cancer incidences (per 100,000 population) (2010 - 14)	96.3	100.0	123.8	•	81.5
	Conditions linked to physical inactivity	Colorectal cancer incidences (per 100,000 population) (2010 - 14)	106.1	100.0	123.9	•	75.1
	Conditions linked to physical inactivity	All cancers incidences (per 100,000 population) (2010 - 14)	100.4	100.0	119.0	•	83.2
Mental Wellbeing	Subjective wellbeing	Life Satisfaction (average score out of 10) (2015/16)	7.7	7.6	6.9		8.3
	Subjective wellbeing	Worthwhile (average score out of 10) (2015/16)	7.7	7.8	7.3	•	8.4
	Subjective wellbeing	Happiness (average score out of 10) (2015/16)	7.3	7.5	7.0	•	8.1
	Subjective wellbeing	Anxiety (average score out of 10) (2015/16)	3.1	2.9	3.7	• •	2.0
	Mental wellbeing	Depression prevalence (%) (2015/16)	8.5	8.3	14.6	● ◇	4.5
	Mental wellbeing	Suicide rate (per 100,000 population) (2012 - 14)	15.7	10.6	19.9	• •	3.1
	Mental wellbeing	Estimated prevalence of anxiety and depression in children aged 5-16 (%) (2014)	3.8	3.6	4.3	•	2.8
ent	Children and young people	Children with good early years development (%) (2015/16)	66.0	69.3	58.0		82.0
emdo	Education	Pupil Absence (%) (2014/15)	5.0	4.6	5.8	•	3.4
Individual Development	Education	Adult Qualifications (16-64) NVQ4+ or equivalent (%) (2015)	39.3	36.8	16.9	♦ ●	69.6
	Education	GCSE attainment 5A*-C inc. Eng & Maths in Key Stage 4 pupils (%) (2015/16)	46.5	57.8	44.8	•	78.7
	Employment	Jobs that are paid less than the living wage (%) (2014)	31.0	22.6	41.9	•	8.5
	Children and young people	Children in care (per 10,000 population aged under 18 years) (2016)	62.2	60.3	163.8	Ø	21.5
nity	Social isolation	Adult social care users who have as much social contact as they would like (%) (2015/16)	47.5	45.4	35.8	O	55.1
Community lopment	Social isolation	Adult carers who have as much social contact at they would like (%) (2014/15)	32.2	38.5	18.2	0	52.6
	Crime ¹	Rate of first time offenders (per 100,000 population) (2016)	221.0	218.4	440.1	•	68.3
Social & Deve	Housing ¹	Statutory homelessness (per 1,000 households) (2014/15)	1.0	2.4	10.4		0.1
Soe	Housing ¹	Homeless young people aged 16-24 (per 1,000 households) (2016 - 17)	0.4	0.6	2.1	\odot	0.0
Economic Development	Sports economy ²	Gross value added (GVA) per person (£): wages and operating profits (2015 - 16)	605.3	256.8	149.6	▷ ●	1975.9
	Sports economy ²	GVA per person (£) from people participating in sport (2015 - 16)	346.2	184.9	120.4	 ● 	433.9
	Sports economy ²	GVA per person (£) from wider non participation interests (2015 - 16)	259.1	71.2	17.3	>●	1800.3
	Sports economy	Total sports related jobs (per 1,000 population) (2015 - 16)	14.7	8.2	3.4	< ●	31.7
	Sports economy ²	Economic value of sports volunteering per person (£) (2015 - 16)	150.0	113.8	32.3	©	501.0
	Sports economy ²	Economic value of health benefits of participating in sports per person (£) (2015 - 16)	386.7		266.3		544.7
1		in sports per person (£) (2015 - 16) ier Local Authorities, instead they have the same valu					

Upper tier authority England average average 0

Key:

Worst

Percentile 75th 25th

Best

¹Data not available for Lower Tier Local Authorities, instead they have the same values as upper tier.

²Data excludes London districts