

Local Physical Activity Ward Index for Breckland produced by Active Norfolk, last updated March 2018

Red is significantly worse than district average		Breckland	All Saints & Wayland	Ashill	Bedingfeld	Attleborough Burgh & Haverscroft	Attleborough Queens & Besthorpe	Dereham Neatherd	Dereham Toftwood	Dereham Withburga	Forest	Guiltcross	Harling & Heathlands	Hermitage	Launditch	Lincoln	Mattishall	Nar Valley	Necton	Saham Toney	Shipham-with-Scarning	Swaffham
Orange is not significantly different than district average																						
Green is significantly better than district average																						
Dark blue is significantly higher than district average																						
Light blue is significantly lower than district average																						
Indicator name																						
Total population (count)(2015)	135480	7118	2560	3232	5056	6805	7177	5953	5983	3035	3239	2863	2793	2529	5240	5434	2574	2485	5071	5521	7557	
Population density (People per Sq. Km)(2016)	105	50	32	45	560	344	495	2774	1082	19	82	50	32	28	179	98	31	76	57	72	264	
Population aged 0-15 years (%) (2015)	17.3	14.6	15.2	15.1	15.6	18.2	16.6	17.4	21.5	16.5	15.1	16.5	16.5	16.4	15.5	15.3	13.7	13.5	19.2	17.7	15.3	
Population aged 16-24 years (%) (2015)	9.5	9.9	6.7	8.6	8.4	11.2	10.5	8.8	11.5	8.7	8.3	8.3	6.6	10.1	9.5	8	8	7.3	9.9	10.6	8.5	
Population aged 25-64 years (%) (2015)	49.2	54.6	45.4	49.8	48.7	50.7	46.1	49	48.3	49.7	50	48.1	46.5	49.9	47.6	49.2	47.4	45.2	48.7	49.8	43	
Population aged 65+ years (%) (2015)	24	20.8	32.8	26.5	27.3	19.9	26.8	24.8	18.6	25.1	26.6	27.1	30.4	23.6	27.5	27.5	30.8	34.1	22.1	21.8	33.2	
Population aged 85+ years (%) (2015)	3.2	2.4	4	2.8	4.4	2.7	5	2.7	2.4	2.4	2.9	3.5	3.8	2.9	4.1	3.1	3.1	3.1	2.1	3.2	6.1	
Non-white UK population (%) (2011)	8.8	8.2	3.9	7.7	8.5	5.9	5.9	5.8	6.4	10.5	3.2	3.6	4	3.1	3.5	2.7	3.4	2.9	5.6	3.9	8	
Income Deprivation (%) (2015)	11.8	11.2	11.9	10.1	9.8	10.5	14.8	11	17.4	9.9	8.7	5.9	10	12.6	8.5	8.9	14.2	11.4	9.2	9.8	16.7	
Children in poverty (%) (2015)	15.6	16	15.2	11.2	12.2	11.1	16.5	19	22.4	10.3	7.2	8.6	13.5	11.1	9.5	11.2	18.9	9.4	11.8	11.7	25.6	
Unemployed adults (16-64 years) claiming benefits (%) (2017)	1.07	0.36	0.90	0.48	1.10	0.57	1.85	0.92	2.94	0.76	0.42	0.49	0.77	1.08	0.47	0.87	1.46	0.99	1.60	1.15	1.90	
Households experiencing fuel poverty (%) (2014)	10.2	15.2	9.6	12.1	6.1	8	6.5	5.7	6.1	12.9	16.3	16.3	15.3	14.3	14.9	15.3	14.9	8.9	12	9.4	7.3	
People reporting bad or very bad general health (%) (2011)	5.5	4.4	6.7	6.1	5.3	4.6	5.6	5.1	5.6	5.5	4.2	5.8	6.1	5.4	5.1	4.6	6.4	6.8	5	5.6	7.9	
Long-term health problem or disability (%) (2011)	19.7	16.6	23.4	20.6	20.6	17.3	22.8	18.7	20	18.1	18	19.6	22.2	19.4	20.2	20	23.3	26	17.9	17	26.8	
People aged 15+ estimated to have a moderate or severe learning disability (%) (2016)	0.48	0.51	0.43	0.47	0.46	0.49	0.46	0.49	0.49	0.46	0.46	0.46	0.48	0.51	0.47	0.47	0.46	0.45	0.46	0.5	0.43	
People aged 18-64 estimated to have a moderate or severe physical disability (%) (2016)	10.74	10.38	11.82	11.81	10.84	10.15	10.59	10.43	10.28	11.40	12.07	10.96	12.32	11.69	11.24	11.85	12.31	11.72	12.18	10.80	11.09	
Life expectancy at birth for males (years) (2011-15)	80.1	81.3	80.6	82.2	80.5	77.2	80.2	80.5	78.8	79.1	80.2	83.2	77.6	78.5	77.4	82.7	82	79.8	79.4	81.3	79.4	
Life expectancy at birth for females (years) (2011-15)	83	83.5	86.9	83.6	82.3	82.3	82	85.5	82.5	84.5	86.5	84	83.1	81.4	82.8	85	86.8	83.2	82.8	81.5	82.1	
Deaths from all causes, all ages	98.3	92	80.5	93.5	97.6	114.9	111.6	80.5	98.6	90.3	69.1	85.2	97.4	98.3	117.3	82.9	71.3	98.6	100.3	109.3	117	
Premature mortality (<75 years) from all causes (standardised mortality ratio) (2011 - 15)	89.2	81.6	69.6	79.7	105.1	109.9	83.9	89.6	112.3	89	68.3	76.3	94.3	70.4	79.5	71.1	72.5	96.3	87	82	104.5	
Under 75 circulatory disease mortality rate (standardised mortality ratio) (2011-15)	84.2	81.7	48.7	50.9	88.8	114.9	86.5	59.9	110.6	73.3	48.5	137.5	92.4	84	63.1	71	91	96.9	59.8	65.5	95.3	
Under 75 coronary heart disease mortality rate (standardised mortality ratio) (2011-15)	75.8	88	73.6	39.5	95.5	87.8	50.2	70.5	92	73.8	12.5	118	97.8	84.7	73.8	60.7	55.1	88.4	29.7	82.7	87.2	
Under 75 all cancer mortality rate (standardised mortality ratio) (2011-15)	96.4	79.4	82.3	88.9	121	103.2	75.9	126.7	114.2	125.4	73.4	47.8	119.1	74.7	93.9	89.2	65.1	100.1	101.5	97.2	94.5	
Overweight (including obese) 4-5 year olds (%) (2013/14-2015/16)	22.9	23.4	24.9	23	22.1	21.4	20.4	23.5	21.8	22.9	22.8	22.8	21.6	22.1	22.2	23.2	21.8	24.7	24.5	24.7	23	
Obese Children 4-5 years (%) (2013/14-2015/16)	9	8.2	7	5.5	8.7	8.5	7.6	8.1	7.8	6	8.8	8.8	7.8	8.2	9.3	8.6	7.5	9.9	8	9.3	13.1	
Overweight (including obese) 10-11 year olds (%) (2013/14-2015/16)	33.2	23.7	35.8	30.2	31.3	29.7	32.4	30.5	31.6	31.1	34.3	34.3	34.1	35	35.6	33.5	33.8	39.6	28.2	38.9	35.8	
Obese Children 10-11 year olds (%) (2013/14-2015/16)	18.8	12.2	16.7	15.1	17.2	15.2	20.6	17.1	19.2	16.4	21.1	21.1	19.5	20.1	19.9	16.1	19.1	22	14.1	21.1	21.2	
Obese adults (%) (2006-2008)	25.7	27.5	25.1	25	26.2	25.8	26.9	27.2	27	24.8	23.7	23.7	24.3	24.5	24.4	25.3	24.4	25.2	26.3	25.2	24.1	
People aged 16-64 estimated to have diabetes (%) (2016)	3.4	3.4	3.8	3.9	3.5	3.2	3.4	3.3	3.2	3.7	3.9	3.5	4.1	3.7	3.6	3.8	4	3.8	4	3.5	3.5	
Emergency and elective hospital admissions for Coronary Heart Disease (2011/12-2015/16)	95.26	93.02	88.37	104.57	90.47	90.44	85.27	95.72	89.48	99.58	74.67	74.71	92.86	95.04	91.03	96.16	94.41	100.65	87.97	95.51	108.38	
Emergency hospital admissions for stroke (2011/12-2015/16)	101	97.4	112	103.3	107.6	111.2	110.1	95.7	104.6	102	95.8	95.8	91.2	92.4	85.8	97.1	92.7	102.5	105.7	105.5	106.5	
Emergency hospital admissions for Myocardial Infarction (heart attack) (2011/12-2015/16)	115	102	90.2	134.5	102.8	100.9	109.4	117.3	112.5	125.2	80.8	80.8	116.6	121.8	115.8	117.9	118.8	133	88.6	116	137.1	

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	Indicator name	Breckland	All Saints & Wayland	Ashill	Bedingfield	Attleborough Burgh & Haverscroft	Attleborough Queens & Besthorpe	Dereham Neatherd	Dereham Toftwood	Dereham Withburga	Forest	Guiltcross	Harling & Heathlands	Hermitage	Launditch	Lincoln	Mattishall	Nar Valley	Necton	Saham Toney	Shipdham-with-Scarning	Swaffham	
Physical Wellbeing	Emergency hospital admissions for Chronic Obstructive Pulmonary Disease (2011/12-2015/16)	77.1	48.6	71.8	88.9	53.2	50.3	70.1	76	72.4	87.9	83.1	83.1	45.4	46.6	55.6	25.8	50.9	56.4	59.4	57	128.6	
	People aged 65 and over estimated to have a fall (%) (2016)	26.4	25.2	26.4	25.5	26.8	27	27.7	26.1	27	25.4	25.6	25.2	26	25.9	26.1	25.6	25.6	25.8	25.3	26.7	27.8	
	Emergency hospital admissions for hip fracture in over 65s (2011/12-2015/16)	96.8	113.6	85.1	84.9	122.9	117.5	104.2	88	95.6	84.2	78.2	78.2	110.2	109.7	96.1	80.5	107	103.6	94.7	92.8	103.9	
	Incidence of breast cancer (standardised incidence ratio) (2011-15)	98.9	98	102.4	110.8	130.4	118.2	97.9	96.8	97.5	111.7	115.8	115.8	98	95	91.9	58.3	99.7	83.6	100.2	86.1	101.1	
	Incidence of colorectal cancer (standardised incidence ratio) (2011-15)	99	105.3	80.1	80.7	112.1	100.6	119.6	133.7	125.2	84.9	104.6	104.6	106.1	102	99.5	90.8	102.9	80.1	93.5	80.9	97.7	
	Incidence of all cancer (standardised incidence ratio) (2011-15)	99.9	97	97.8	87.9	106.1	102	100.9	102.7	101.6	90.6	104	104	101.1	101.5	97.1	97.5	99.4	102.8	99.6	101.8	96	
Mental Wellbeing	People aged 65 and over estimated to have dementia (%) (2016)	6.9	5.9	6.7	5.9	7	7.5	8.4	6.5	7.5	6	6.4	5.6	6.4	6.5	6.7	6	6.1	6.3	5.7	7.4	8.3	
	Hospital stays for self harm (standardised emergency admission ratio) (2011/12-2015/16)	97.3	117.8	58.7	50.2	104.8	93.1	100.2	145.6	119.4	59.7	103.2	103.2	54.9	56.4	80.2	52.6	54.3	63.1	99.2	61.9	132.4	
Individual Development	Children with good early years development (%) (2013/14)	58	56.4	58.8	55.4	52.4	55.6	54.1	70.2	60.7	56.5	62.7	62.7	51.2	53.3	53.8	57.1	51.4	58.9	56.1	58.7	52.9	
	GCSE Achievement (5A*-C inc. Eng & Maths) (%) (2013/14)	53.3	60	54.3	42.3	47.3	51.6	52.9	52.1	52.6	46.9	71.9	71.9	60.4	60.8	62.4	56.8	59.3	62.2	58.7	61.1	22	
Social & Community Development	Older People in Deprivation (%) (2015)	13	10.8	12.3	11.7	11.9	14.9	16.8	9.4	16.8	14.1	11.4	7	9.8	16.7	10.6	11.1	13.2	12.9	10.5	13.2	14.7	
	Over 65's living alone (%) (2011)	26.5	20.4	26.9	27.9	28	29.2	28.6	27.7	35.1	21	20.4	26.4	24.9	24.7	22.2	25.1	23.7	27.2	21.8	22.5	28.9	
	All Crime and ASB (per 1,000 population) (2016)	67.2	72	34.5	31.5	47	52.3	140.4	52	92.7	51.2	31.8	30.9	30.2	34	32.3	27.2	45.6	28.7	32.1	25.9	91.3	
	Adults receiving adult social service support (%) (2018)	1.94	1.09	1.73	0.94	3.38	2.29	2.95	0.95	3.16	1.48	0.70	1.38	-	1.83	1.25	1.80	1.91	1.46	3.18	2.90	4.25	
Number of worse areas			1	2	0	1	3	7	2	7	1	1	1	2	2	2	1	3	2	2	1	14	
Number of better areas			8	3	6	4	8	1	6	1	4	9	7	4	3	7	7	2	3	6	6	1	

Red is significantly worse than district average		Breckland	The Buckenham & Banham	Thetford Boudica	Thetford Burrell	Thetford Castle	Thetford Priory	Upper Wensum	Watton	Number of worse areas	Number of better areas
Orange is not significantly different than district average											
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Light blue is significantly lower than district average											
Indicator name											
Total population (count)(2015)	135480	3211	5294	6136	6515	8240	6296	7563	n/a	n/a	
Population density (People per Sq. Km)(2016)	105	104	4412	1438	3956	376	44	1081	n/a	n/a	
Population aged 0-15 years (%) (2015)	17.3	17.2	18.8	21.8	18.2	24.7	15.8	14.5	n/a	n/a	
Population aged 16-24 years (%) (2015)	9.5	9	10.3	10.9	9.8	12.1	8.1	9.1	n/a	n/a	
Population aged 25-64 years (%) (2015)	49.2	49.6	54.3	50.4	57.1	50.5	49.1	45	n/a	n/a	
Population aged 65+ years (%) (2015)	24	24.2	16.6	16.9	14.9	12.6	27	31.3	n/a	n/a	
Population aged 85+ years (%) (2015)	3.2	3.3	1.1	2.6	2.1	1.2	3.7	5.2	n/a	n/a	
Non-white UK population (%) (2011)	8.8	4.5	17.8	17.7	24.4	25.9	2.9	10	n/a	n/a	
Income Deprivation (%) (2015)	11.8	7.9	8.8	20.9	8.2	19.4	10.7	10.6	6	15	
Children in poverty (%) (2015)	15.6	8.1	11.1	28.3	10.9	27.8	14	12.5	5	16	
Unemployed adults (16-64 years) claiming benefits (%) (2017)	1.07	0.48	0.71	1.48	0.62	1.71	1.30	1.31	8	4	
Households experiencing fuel poverty (%) (2014)	10.2	13.7	7.1	9.2	6	9	18.1	6.2	12	10	
People reporting bad or very bad general health (%) (2011)	5.5	4.8	3.9	7.1	4.9	5.4	5.4	5.9	4	5	
Long-term health problem or disability (%) (2011)	19.7	19.6	14.5	20.2	14.4	15.8	19	24.4	7	8	
People aged 15+ estimated to have a moderate or severe learning disability (%) (2016)	0.48	0.48	0.52	0.51	0.49	0.5	0.47	0.45	0	0	
People aged 18-64 estimated to have a moderate or severe physical disability (%) (2016)	10.74	11.62	9.82	9.61	9.42	9.35	11.56	10.55	0	2	
Life expectancy at birth for males (years) (2011-15)	80.1	83	80.8	80.2	78.7	80.1	83.4	78.5	1	3	
Life expectancy at birth for females (years) (2011-15)	83	83.7	82.7	82	80.6	83.3	83.8	84.3	1	2	
Deaths from all causes, all ages	98.3	94.6	92.7	92.8	131.3	92.5	83.7	93.3	5	6	
Premature mortality (<75 years) from all causes (standardised mortality ratio) (2011 - 15)	89.2	79.7	91	120.1	105.5	113.4	74.5	82.2	1	0	
Under 75 circulatory disease mortality rate (standardised mortality ratio) (2011-15)	84.2	77.5	99.4	115.2	92.1	140.8	53.7	85.8	0	0	
Under 75 coronary heart disease mortality rate (standardised mortality ratio) (2011-15)	75.8	28.2	64.3	134.2	106.5	125.7	41.7	84.7	0	0	
Under 75 all cancer mortality rate (standardised mortality ratio) (2011-15)	96.4	99.7	91	137.8	115.6	109.9	94	80.4	0	1	
Overweight (including obese) 4-5 year olds (%) (2013/14-2015/16)	22.9	19.8	22.5	24.5	21.1	25.2	21.6	23.5	0	0	
Obese Children 4-5 years (%) (2013/14-2015/16)	9	8.1	10	11	9.3	11.4	9.2	8.3	0	0	
Overweight (including obese) 10-11 year olds (%) (2013/14-2015/16)	33.2	25.4	36.8	34	37	35.8	33.7	36.6	0	1	
Obese Children 10-11 year olds (%) (2013/14-2015/16)	18.8	10.2	21.4	21.3	20.7	22.4	17.6	20.9	0	0	
Obese adults (%) (2006-2008)	25.7	24.8	26.3	27	26.4	26.5	24.2	26.7	0	0	
People aged 16-64 estimated to have diabetes (%) (2016)	3.4	3.7	3.1	3	3	2.9	3.7	3.4	0	0	
Emergency and elective hospital admissions for Coronary Heart Disease (2011/12-2015/16)	95.26	90.67	105.96	119.15	91.43	130.06	83.09	94.75	2	0	
Emergency hospital admissions for stroke (2011/12-2015/16)	101	123.8	91.4	83	87	94.6	78.2	121.7	0	0	
Emergency hospital admissions for Myocardial Infarction (heart attack) (2011/12-2015/16)	115	94.7	135.1	145.5	110.6	171.9	97.9	111.7	1	0	

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	Indicator name	Breckland	The Buckenham & Banham	Thetford Boudica	Thetford Burrell	Thetford Castle	Thetford Priory	Upper Wensum	Watton	Number of worse areas	Number of better areas
Physical Wellbeing	Emergency hospital admissions for Chronic Obstructive Pulmonary Disease (2011/12-2015/16)	77.1	41	131.7	165	117.8	162.4	56.8	72.9	6	5
	People aged 65 and over estimated to have a fall (%) (2016)	26.4	26.3	24.5	26.8	26.5	26.2	27.1	27.4	0	0
	Emergency hospital admissions for hip fracture in over 65s (2011/12-2015/16)	96.8	92.8	89.7	87.9	80.2	102.7	76.5	95.6	0	0
	Incidence of breast cancer (standardised incidence ratio) (2011-15)	98.9	80.6	95	79.6	94.7	90.6	90.7	124.1	0	0
	Incidence of colorectal cancer (standardised incidence ratio) (2011-15)	99	64.2	94.7	107.3	99.8	92	105.2	78	0	0
	Incidence of all cancer (standardised incidence ratio) (2011-15)	99.9	89.7	106.3	108.1	104.8	108.9	91.9	99.1	0	0
Mental Wellbeing	People aged 65 and over estimated to have dementia (%) (2016)	6.9	6.7	5.2	7.1	6.8	6.6	7.7	7.8	1	0
	Hospital stays for self harm (standardised emergency admission ratio) (2011/12-2015/16)	97.3	60.1	95.9	141.5	87.8	118.5	95.6	107.3	3	3
Individual Development	Children with good early years development (%) (2013/14)	58	63.6	63.6	62.8	67.3	56.8	54.5	46.3	0	0
	GCSE Achievement (5A*-C inc. Eng & Maths) (%) (2013/14)	53.3	62.8	53.7	43.2	59.3	41.4	62.1	35.4	2	0
Social & Community Development	Older People in Deprivation (%) (2015)	13	11.1	13.3	21	13.7	16.3	12.4	12.7	7	6
	Over 65's living alone (%) (2011)	26.5	25.7	24.1	34.9	26.4	29.9	26.1	27.2	3	6
	All Crime and ASB (per 1,000 population) (2016)	67.2	50.7	57.6	109.4	144.3	135.7	34.9	63.9	6	19
	Adults receiving adult social service support (%) (2018)	1.94	0.92	1.30	2.37	1.62	1.06	1.85	2.64	7	8
Number of worse areas			1	1	10	4	8	1	3		
Number of better areas			7	7	0	6	4	3	3		