## **Points of interest**

On the south side of the park you will find winding canals snaking their way through the site crossed by bridges, allowing you to leisurely explore the interlinking walkways and islands.

The attractive boating lake first opened in 1926 and has an attractive thatched roof café on the island. It has even been used for ice skating in years gone by.

During the 1950s a series of nursery rhyme illuminations were placed around the sides of the Venetian Waterways – creating a focal point for evening strolls. In recent times these gardens have been revitalised with the hard work of local volunteers.

North Beach finds itself the summer home to a rare colony of birds. Every May around 300 pairs of little terns arrive to nest and raise their chicks before returning to Africa again in the autumn.



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## **About this walk**

This out and back walk is approximately 1.14km along the Waterways, giving you the opportunity to take in the sea and the beach, the Venetian Waterways, ornamental gardens and the boating lake.

This walk has features designed to be accessible for people living with dementia:

- Flat hard surfaces underfoot
- Wide walkways
- Regular seating during route
- Lift access to cafe. Cafe on route has a small step
- Refreshments at start location and during route
- Toilets 50 metres from starting point
- Carpark close by for disabled badge holders

## Experience more on your walk

Using our senses when we walk can help us connect with the world, jog our memory, and spark a conversation. Can you use all your senses on this walk? Here are some examples:

- Listen: Can you hear any birds? What do they sound like?
- **Smell:** What can you smell? How does it make you feel?
- **Sight:** Look up, look right, look left. What do you notice?
- Touch: Stop and touch something on your walk. Is it hard or soft? Rough or smooth? Warm or cold?

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## **Great Yarmouth Walk**

An accessible walk suitable for people living with dementia





Location: The Waterways Cafe, NR30 4EW



**Great Yarmouth Walk**